

	Fee	Description
Aerobics/ Fitness		This class will introduce students to aerobic exercise and the benefits of aerobic exercise in the mind and body. In addition to being beneficial to body change it is a super stress-reliever. Also, students will study diet and healthy lifestyles. (This class is offered at the Buckner YMCA. Appropriate attire is required. Showers are available for use after class.)
AP Study Group		This class will focus on a final preparation for the AP US History exam on May 18th. Students will learn about how to answer multiple-choice questions on the AP test, how to construct a great essay response, and what to expect on the DBQ. Purchase of a Review Text is encouraged.
Ballroom Dancing	\$33.00	Taught by a professional dancer, this class will be broken into 3 parts daily. The first part will teach ballroom dances (the waltz, tango, and foxtrot). The second part of the class will focus on Latin dances such as the salsa, the mambo and the rumba. The last part of the class will teach students the swing. While helpful, a partner is not required for this class.
Brain Teasers		We work crossword puzzles and play trivial pursuit and other types of mind games.
Boat Building/ Design*	\$25.00	A 2-week course where students learn the concepts of buoyancy. Groups will be formed and students will build cardboard boats that support 2 person crews and race them on a lake.
Caving**	\$300.00	Spend Night and Day at Mammoth Cave Park. Learn about the conservation and preservation of karsts lands. Learn techniques of scientific caving from one of the foremost cavers in the country and trek through caves. (Students will need to purchase appropriate equipment and pay a fee for room, board, and tours)
Chess		We play chess matches, learn some of the game strategies, and play through and analyze a match between Kasparov and Deep Blue.
CSI Goshen		Put your investigation techniques to the test. Experience three different simulations with the Goshen CSI's. Be involved in a crime scene investigation, interrogations, a court battle, or be an actor in this saga.
College Prep Cooking	\$10.00	Can't boil water? Worried about living on pizza for the next four years? If yes, then this is the class for you! College prep cooking is designed for seniors who will be living in a dorm room next year and would like to learn a few cooking basics. We will plan healthy meals using only items found in a dorm room such as a microwave, George Forman grill and a toaster oven. (This class is offered at the Buckner)

	Fee	Description
Cooking Healthy /Yummy	\$50.00	This course will introduce students to the basics of cooking and will enable the "non-cooker" to produce healthy food, which is also very tasty. It will be great fun and students will benefit from the camaraderie of producing healthy, yummy food together. (Class offered at Buckner)
Golf		We will practice the swings necessary to improve our short game. Seven, eight, and nine irons along with the various wedges. We will also be looking at some instructional videos covering the short game as well as all the swings. Hopefully, at the end we will be able to get in a round of golf to practice the swings.
History in Movies	\$2.00	In this course, the students will watch 5 movies based on historical events or people. A brief reading assignment (done in class) will precede the movie to provide background for the movie. A seminar discussion of the movie will follow the viewing in order to determine the historical accuracy of the film.
Psychology in Movies	\$2.00	This class will run from 8:30-11:30 for one week. Students will view 5 different movies to compare and contrast Hollywood's versions of psychological disorders and therapy with real life scenarios. Students will learn and discuss different disorders and approaches to those disorders in comparison with film versions.
Sign Language	\$2.00	Learn a new language--Sign Language. An introduction to American Sign Language and the deaf culture.

	Fee	Description
Vietnam	\$2.00	The history of America's involvement in the Vietnam conflict will be the topic of this course. Soldiers, protesters, draft dodgers, and (hopefully) others will all get their opportunity to discuss with you the experiences they had during this divisive era of American history. Documentaries, songs of the era, guest speakers, discussions, plus more will all be part of the investigative process.
Yoga	\$10.00	The word Yoga means “to join or yoke together;” it brings the body and mind together into one harmonious experience. This class offers the opportunity for you to experience the whole system of Yoga as it is built on three main structures: exercise, breathing, and meditation. Regular daily practice of all these three parts of this structure of Yoga can help to produce a clear, bright mind and a strong, capable body. (This class is offered at the Buckner YMCA. Appropriate attire is required. Showers are available for use after class.)
Visual Arts in Kentucky***	\$70.00	This class will run for 2 weeks. The first week will consist of field trips to galleries, artist studios, museums and/or visual art related businesses in the area. We’ll be gone from 9 until 2:30 each day. The following week, we will meet in the morning only (8:30-11:30) to engage in short projects related to what we have seen the previous week- the purpose of these projects will be to experiment and have fun.

